The attainment of satisfaction and praise through contentment.

BapDada is seeing His beads that sparkle in the world. The sparkle of each bead is unique. Each of you beads reveals the Father's virtues and task through yourself numberwise. BapDada can be seen through each bead. Bhagats have referred to this wonderful scene as, "Wherever I look, I only see You". BapDada is also visible in the maharathis. The song heard emerging from each one's lips is of the one sound, "Baba, Baba". BapDada is merged in the eyes of all Brahmins, like the light of the eyes. This is why there is the practical experience in Brahmin life of, "Wherever I look, I only see You". Bhagats have referred to this experience as omnipresence. At this present time you children experience the Resident of Paramdham to be your Fatherí¾ you experience Baba to be your Companion in every thought and deed. Do you experience Him to be the detached Observer or your Companion? Since He is everyone's Companion, would He not be omnipresent? Bhagats have copied these words, but, because of forgetting when and how they are used, instead of praising Him, they insult Him.

On seeing the form of dharna in the present form of the children, BapDada sees one particular aspect. What is that? Out of all the children, how many beads are constantly content? The most special virtue sparkling on their face is that of contentment. There have to be all three types of contentment. One is to be content with the Fatherí¾ the second is to be content with the self and the third is to be content with your connections and relationships. Living souls and nature are both included in this. The visible indication of

contentment is satisfaction134 to be constantly satisfied. On the basis of this contentment, such souls receive the practical fruit of being praised by everyone. Their speciality is contentmenti34 its sign is satisfaction and its practical fruit is praise. Now examine yourself. Only through your satisfaction can you attain praise. Those who are constantly content and satisfied are definitely praised by everyone. According to the drama, whilst progressing in this effortmaking life, problems and adverse situations definitely have to come. To have the aim of progressing as soon as you take birth means to invoke problems and adverse situations. Do you forget the things that you have invoked? Would it be possible for there to be no scenes for you to go through along the path? When you stop on the path to look at the scenes, the destination seems far away. Whilst seeing the scenes, you should still carry on along the path. However, when you see the scenes, you stop and wonder, "Why is this like this? What is this? This should not be like this!34 it should be like this." You begin to correct every scene. Instead of moving past the scene, you become busy in correcting it and because of this, the connection of the Father's remembrance becomes loose. Instead of your mind being entertained, you allow your mind to wilt. 'Wah! scenes, wah!" Instead of the wonder of "Wah!", you cry out in distress "Hai". To cry out in distress means to be amazed134 you therefore stop progressing. Because of becoming tired, you complain to the Father very sweetly and become discontented with the Father in a royal way. Many children ask why they were not told all this earlier. They say: "You said it was an easy path! You didn't say it was a path where we have to tolerate everything!" Instead of experiencing this to be an easy path, children experience it as the path where they have to have tolerance. However, to have tolerance is to move forward. In fact, you don't really have to tolerate anything, but, because of your own weaknesses, you experience having to endure everything. The virtue of fire is to burn, but because of not knowing its virtue, instead of benefiting from it, you allow it to damage youl34 instead of experiencing

happiness, you have to endure ití¾ instead of burning objects, you burn yourself. Because of not knowing its virtue, instead of experiencing happiness, you have to endure it. Similarly, when you don't know what is causing the problems and adverse situations, you experience having to tolerate them instead of experiencing happiness. In this way, instead of experiencing this to be an easy path, you experience it as the path of having to tolerate everything. Such children remain discontent with the Father, that is, with His knowledge and inculcation of knowledge. As well as this, they remain discontented with themselves. When they are discontented with themselves, they also become discontented with their relationships and connections. Because of this, they are not able to remain satisfied or experience constant happiness. One moment they are content and satisfied, and the next moment they become discontent. Therefore, they are not able to experience happiness, the special treasure of the confluence age.

So, from today, claim the special blessing of being constantly content and satisfied with yourself and bestow this blessing on others. In this way, you will be able to praise the Father and yourself. The means of satisfaction is the satisfaction of each and every Brahmin. The success of any task is dependent upon everyone's satisfaction. The final offering to be made into this sacrificial fire will be the constant satisfaction of Brahmins. Then there will be revelation, that is, the sound of praise will continue to repeating the flag of victory will be hoisted. Do you understand what you have to do now? Remain constantly satisfied and make others constantly satisfied. Achcha.

To those who are obedient to the Fatherli¾ to those who remain constantly content and satisfiedli¾ to the great donors and bestowers of blessings who bestow on others the blessing of being constantly satisfied, BapDada's love,

remembrance and namaste.

BapDada gives special love and remembrance to those from Bombay. The courage and enthusiasm of those from Bombay is good. Together with the Father, even nature welcomed the Bombay niwasis (the weather became cold.) Nature is giving you this experience to practise. Through being made to experience, in advance, the paper that is to come at the end, you are beng made strong. Therefore, do not be afraid. Those from Bombay have a lot of love for Baba. BapDada also has special love for those children. Bombay niwasis will now be number one in passing the paper of being constantly content and satisfied. That is very good. Even if you let go of Baba, Baba will not leave you. There are special original jewels in Bombay and in Delhi. Delhi and Bombay are specially cooperative in the task of world service. Great importance is given to those who cooperate at a time of need. Therefore, Baba has a lot of love for such co operative children. Achcha.

BapDada speaking to a group:

Are you the images that bestow the blessing of, "May you be constantly victorious"? To put into practice the blessing given to each one by the Bestower of Blessings is the individual task of each one. To put this blessing into your practical life means to become an embodiment of bestowing blessings. Have you become this? Mahavirs and Shaktis are both called bestowers of blessings. Many bhagats attain blessings from your nonliving images, and so you are the living form of those who fill the aprons of others, are you not? You are mahavirs, are you not? A mahavir is one who is constantly victorious. Because the Father is eternal, His blessings are also

imperishable 134 they are not temporary. Do you know how to look after them or do you allow them to be stolen from you? Simply remember one thing: I am not a taker, but a bestower. The days of taking have now finished 134 it is now the time to bestow as a bestower. It is in childhood that you ask for things. Would it seem right for someone in retirement to ask for a little toy? You sometimes ask for the little toys. You say: "Give me a little power! Give me some help!" Now, become a fully accomplished soul. What would an observer say if he saw a child of the Bestower asking for things? The way to succeed is to become an embodiment of constant success. Your attitude spreads vibrations 134 everyone experiences something on the basis of the vibrations. Therefore, before carrying out a task, have a bhatthi for paying attention to your attitude. Through these vibrations, you will be able to transform the attitude of many. First of all, constantly pay attention to swinging in the swing of happiness. Those who are cheerful and happy attract others towards themselves automatically.

BapDada speaking to the the Kumaris:

Kumaris have a huge responsibility. One kumari can become an instrument to benefit many. Brahma Kumaris are those who become instruments to benefit the world. You are the benefactors for the unlimited world, not the limited world. When you lack love, the obstacles will do what they have to do. When the fire is intense, the rubbish will be burned. When there is deep love, there can be no obstacles. Through your karma yoga, your suffering of karma will be transformed. To transform this depends on your own courage. BapDada constantly has hope in the kumaris. Achcha.

Blessing: May you be a master bestower who ends everyone's adverse situations with your feelings of a compassionate bestower. Whatever souls come into contact with you, no matter what type of sanskars they have, or even if they oppose you, or have some conflict of nature or sanskars, or are angry or against you, your feelings of compassion should finish their strong karmic accounts of many births within a second. You should simply retrieve your original and eternal sanskars of a compassionate bestower and put an end to all the problems of the Brahmin family.

Slogan: To transform every soul with your merciful form and drishti is to become a pure and charitable soul.

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